

# Exclusive 1:1 Retreat Packages

Tailored Wellness Experiences for a total Resetdesigned for your individual goals and desires.

DM FOR A DISCOVERY CALL AND MORE INFORMATION

## Design the Experience You've Been Dreaming Of

Escape the demands of daily life and embark on a deeply personalized journey designed just for you. At our 1:1 retreats, you'll reconnect with nature, restore your inner balance, and experience true transformation in a private, peaceful sanctuary. Tailored to your needs and desires, this is your opportunity to reset, recharge, and emerge renewed—on your terms.



Situated on the enchanting Playa Grande beach in Punta Uva of the Caribbean Coast of Costa Rica, Nemetona Sacred Space offers a serene retreat in Puerto Viejo, Limon. The journey to this hidden gem unfolds along a breathtaking trail bordered by ancient trees, leading you to the tranquility of Playa Grande.

#### 5 days/4 nights package:

- 5 days & 4 nights accommodation in the glamping dome
- 1:1 Sound Healing session with Tara
- 1 x adventure activity: waterfall or kayaking experience
- 1 hr Healing session with Tara choice of Facial, Cranio-sacral or Energy Healing
- aJungle bonfire
- Pre and Post retreat 1hr 1:1 intuitive guidance sessions with Tara virtual call

#### Total price \$1900



#### 8 days/7 nights package:

- 8 days & 7 nights accommodation in the glamping dome
- 1:1 Sound Healing session with Tara
- 2 x adventure activity: waterfall & kayaking experience
- 2 x 1 hr Healing session with Tara choice of Facial, Cranio-sacral or Energy Healing
- 3 meals a day, plant-based, whole grains, vegetables, and local tropical fruits
- Local community activity experience
- Jungle bonfire
- Pre and Post retreat 1hr 1:1 intuitive guidance sessions with Tara virtual call

#### Total price \$2700



### Accommodation

At Nemetona, our Glamping dome offers a one-of-a-kind experience, blending modern comfort with nature's beauty. This spacious and uniquely designed dome comes equipped with air conditioning, ensuring a cool and restful stay.

You'll enjoy the privacy of your own bathroom and an outdoor hot shower, perfect for relaxing after a day of adventure. Surrounded by lush landscapes, the dome provides the ideal balance of luxury and immersion in nature, offering an unforgettable stay in a truly magical setting.











On the 1:1 retreat you'll reconnect with nature, restore your inner balance, and experience deep relaxation through personalized healing sessions, adventure activities, and intuitive guidance.



Enjoy luxurious glamping accommodations, sound healing with Tara, and a choice of rejuvenating therapies, all designed to nourish your mind, body, and spirit. This is your opportunity to reset, recharge, and emerge renewed in a private, peaceful sanctuary—Choose additional activities and spatreatments and an option to stay for longer. (At additional cost)

SEND US AN EMAIL TO

NEMETONA.SACREDSPACE@GMAIL.COM AND
BOOK A DISCOVERY CALL WITH US TO KNOW
MORE ABOUT THIS OPPORTUNITY

#### **Find Nemetona**

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