

Nature Reset Retreat

March 5-11th 2025



Nemetona Sacred Space
Punta Uva, Costa Rica

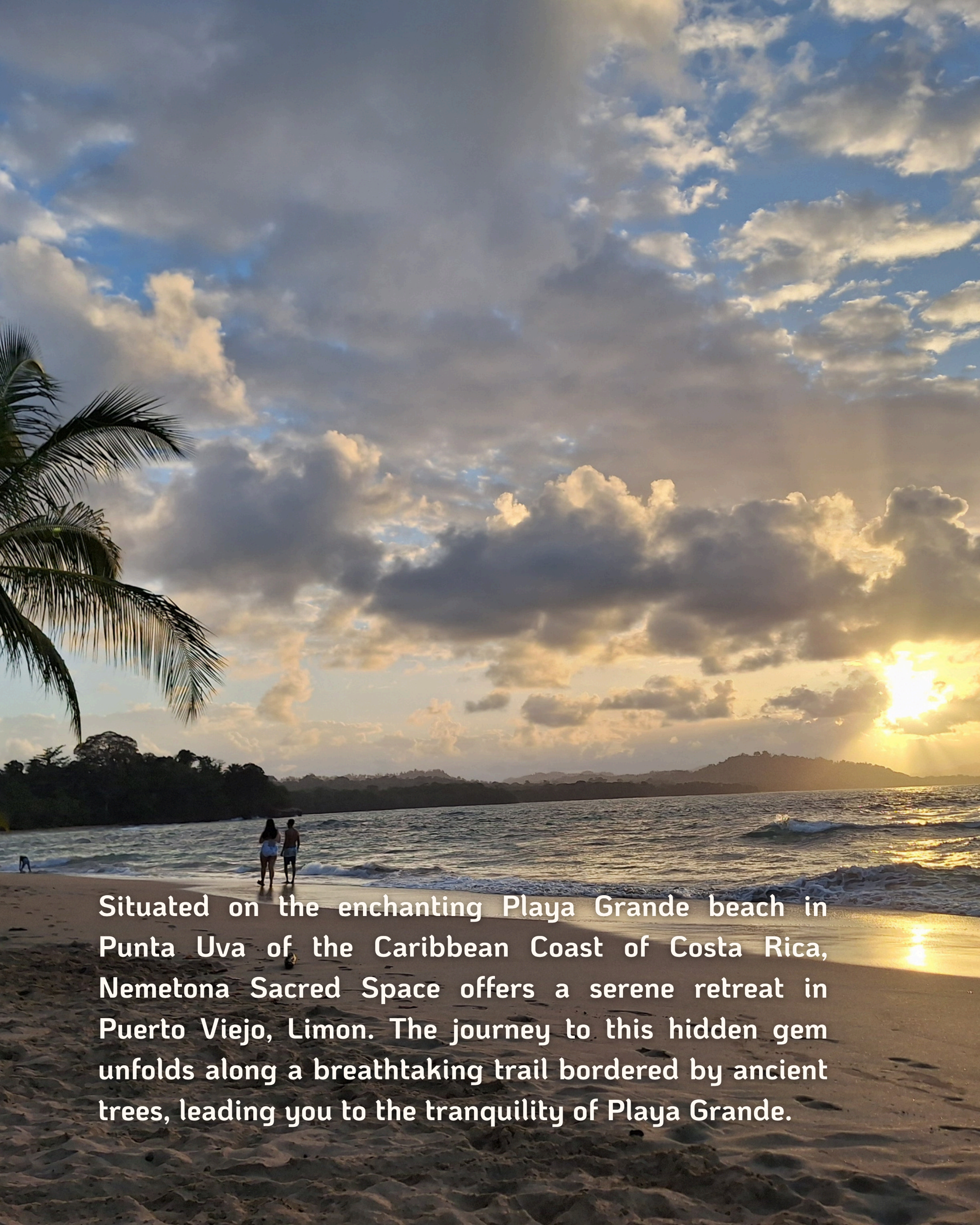
Connect with nature and reset

Are you feeling overwhelmed, disconnected, or like you're stuck in a life that doesn't feel like your own?

Do you crave a deeper connection with nature and your true essence?

Join us for the Nature Reset Retreat in March 2025, we bridge the gap between the fast-paced demands of society and a more aligned, connected way of being. You'll leave this retreat with a sense of freedom and inspiration empowering you to thrive in your life finding your sense of self within any situation.





Situated on the enchanting Playa Grande beach in Punta Uva of the Caribbean Coast of Costa Rica, Nemetona Sacred Space offers a serene retreat in Puerto Viejo, Limon. The journey to this hidden gem unfolds along a breathtaking trail bordered by ancient trees, leading you to the tranquility of Playa Grande.

Welcome to Nemetona

Sacred Space

Nemetona is an intimate retreat center offering unique, boutique glamping accommodations nestled in the jungle a steps from arguably the most beautiful beach in the Puerto Viejo area (maybe even Costa Rica)!



Accommodation 6 Days/5 Nights

Comfortable full bed in each glamping tent with power strip, bedside table, fan, and wifi throughout

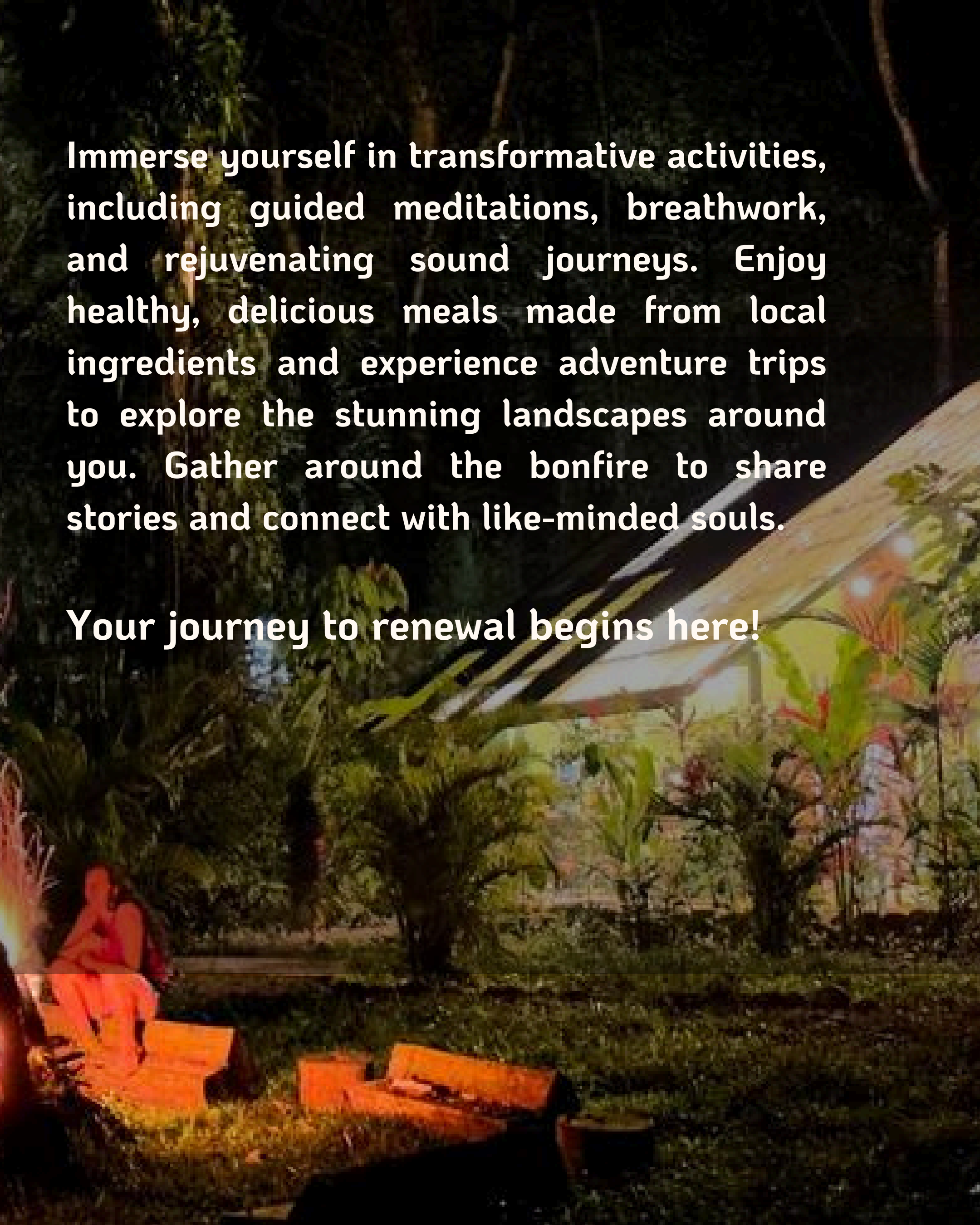
Private glamping tents share four bamboo bathrooms with two hot water showers

Shared glamping dome for three guests (private bath + hot water shower)

The Nature Reset Retreat is special because it's a chance to step away from the chaos of everyday life and truly reconnect with yourself and nature. Set in the stunning beauty of Costa Rica, you'll find a supportive community and a peaceful space where you can relax, recharge, and gain practical tools to bring back into your daily life.



It's about creating lasting change while feeling safe and cared for in a magical environment.

A night scene of a bonfire in a forest. The fire is burning brightly in the foreground, casting a warm glow. In the background, a tent is visible, and the forest is dark with some trees illuminated by the fire's light. The overall atmosphere is cozy and inviting.

Immerse yourself in transformative activities, including guided meditations, breathwork, and rejuvenating sound journeys. Enjoy healthy, delicious meals made from local ingredients and experience adventure trips to explore the stunning landscapes around you. Gather around the bonfire to share stories and connect with like-minded souls.

Your journey to renewal begins here!

Pricing:

Early Bird **\$1995** UNTIL FEBRUARY 1ST 2025

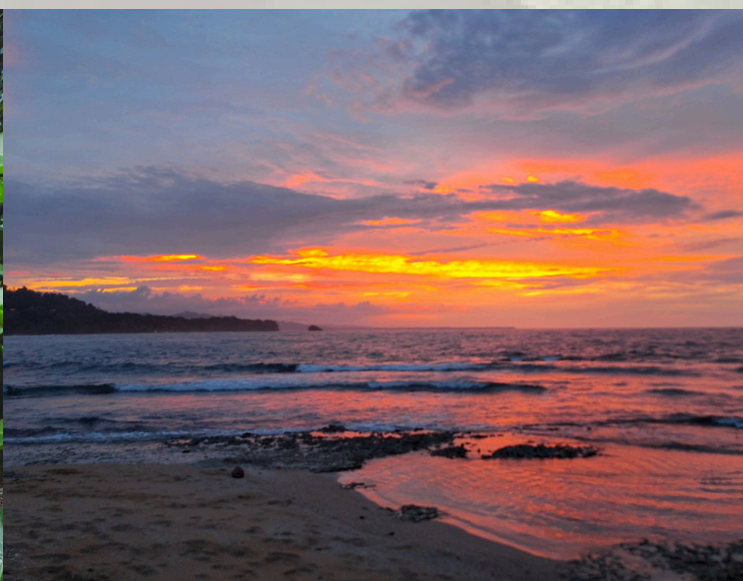
Early Bird BONUS

Looking for support pre-retreat?
Sign up before February 1st to receive a complimentary
“Intuitive Guidance session” with Tara

Prepare for your transformative journey with a
personalized pre-retreat session that will help you feel
confident, inspired, and ready to leave behind everyday
responsibilities, allowing you to fully embrace the
adventure awaiting you in the Costa Rican jungle.

valued at \$200 for FREE


Regular price **\$2220** FROM FEBRUARY 2ND 2025



Whats included:

- * Transport to and from the airport + travel planning support
- * Beautiful boutique glamping accommodation at Nemetona Sacred Space
- * Welcome gift
- * All meals included and prepared by our amazing chef
- * Nature excursion and activities (waterfall adventure, kayaking etc)
- * Beach and jungle bonfires
- * Sound and energy healing ceremony
- * Daily movement practices
- * Guided breathwork
- * 1:1 Energy Healing session with Tara
- * Full healing arts spa available on site (*added cost)
- * 60-min post-retreat 1:1 sessions included + a [virtual] post-retreat group session hosted by Tara & more!



A white geodesic dome tent is situated in a dense, lush tropical forest. The tent has a small window with a corrugated metal roof over the entrance. The surrounding vegetation is thick with various green plants and trees, creating a serene and secluded atmosphere. The lighting is soft, suggesting a shaded forest environment.

**SEND US AN EMAIL TO
NEMETONA.SACREDSPACE@GMAIL.COM AND
BOOK A DISCOVERY CALL WITH US TO KNOW
MORE ABOUT THIS OPPORTUNITY**

**Don't miss out on this unique chance to
reset and connect in this magical place**



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[@nemetona.sacredspace](https://www.instagram.com/nemetona.sacredspace)

Website

www.nemetona.love



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